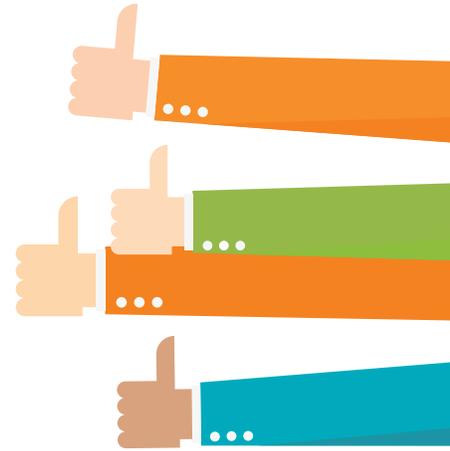




Stay Healthy at Work

Novus Health's Stay Healthy At Work™: Proactive support for employees, measurable results for employers

When it comes to managing employee health, Novus Health understands the critical importance of early intervention. Stay Healthy at Work addresses employee health concerns and common conditions before they lead to extended absences and disability claims. Take advantage of this unparalleled employee support program that includes personalized, professional, and confidential online and telephone support to help employees better manage their symptoms, navigate health care resources, and improve their health.



Offer proactive support to motivate employees to:

- ✓ Speak with trusted health care experts in confidence for personalized guidance on health issues
- ✓ Learn about health issues, evaluate smart treatment options, and identify available support programs
- ✓ Learn the right questions to ask before a doctor's appointment, test, or treatment so they can access care and get the answers they need
- ✓ Find out how to locate care providers and reliable resources quickly and understand which expenses are covered under provincial health plans
- ✓ Take steps to better manage their health and improve their work and home life
- ✓ Receive support with confidential, comfortable, and convenient toll-free access to health information specialists from 8 a.m. to 8 p.m., Monday to Friday

Manage employee health risks, achieve superior results

Stay Healthy at Work lets you target the health issues that contribute most to direct and indirect costs associated with unplanned employee absence, presenteeism, and disability. You can launch a health-focused program for all employees under your organization's brand to gain ready acceptance, while integrating existing health-support programs to increase awareness and uptake. Finally, receive valuable reports with anonymous results on use and program participation and gain a better understanding of employee health concerns and required support.



Engage employees who need help addressing critical health problems

Stay Healthy at Work empowers employees with easy telephone and online custom access to engaging health tools and resources that help them better understand, manage, and receive support for common health issues affecting them and their loved ones. The program identifies employees who need focused help and offers them confidential, personalized, and professional telephone assistance that features the following:

- ✓ **Proactively triggered** coaching and support when a health condition is affecting daily life
- ✓ **A supportive telephone assessment** at the employee's convenience
- ✓ **Personalized guidance and planning** of health-improvement strategies
- ✓ **A personal and confidential action plan developed with the employee to achieve best results and engagement**
- ✓ **Follow-up coaching** to support improved understanding of the condition and the clinically proven steps for management
- ✓ **Compassionate motivation** to encourage employees to make changes



Stay Healthy at Work is a cost-effective solution aimed at keeping employees healthy and productive, while managing risk. This program targets the leading causes of lost productivity and employee absence, namely:

- ✓ *Stress*
- ✓ *Depression*
- ✓ *Anxiety*
- ✓ *Type 2 Diabetes*
- ✓ *Pre-Diabetes*
- ✓ *Back and Neck Pain*
- ✓ *Muscle and Joint Conditions*
- ✓ *High Cholesterol*
- ✓ *Hypertension*

Talk to us right now

Novus Health offers an evidence-based, integrated, and comprehensive selection of wellness and health navigation tools. Our products – the iHRA, health navigation via web and phone, health coaching, and medical consultation services – encourage employee health ownership and reduce health care costs. Let us build something that makes your organization stronger.

Contact us for a demo and quote: info@novushealth.com and 1-866-789-0850.



Novus Health is an information- and technology-enabled health services provider working with insurers, employers, financial service providers, and health & wellness providers. We help organizations empower their members and clients to make informed health decisions. For more information, visit www.novushealth.com.

Stay Healthy at Work - Canada

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